

WARNING SIGNS OF POOR ADHERENCE



Are you watching for the warning signs?

- missed visits
- difficulty in reaching the patient by phone or failure to return calls
- rescheduling twice for a study visit
- imminent major change in life-style (before next visit)
- unexplained change in adherence to study drugs
- complains about study visits
- impatience during study visits
- non-interactive during study visits
- unconcerned about adherence rate to study drugs
- patient expresses that they may stop study drugs
- sarcastic remarks about study drugs
- inappropriate humor about study issues
- patient is hospitalized for any reason
- patient experiences illness similar to “trial-related disease”
- reassignment to new primary care manager
- reassignment to new clinic personnel
- less frequent interaction between physicians and patients
- delays in timely progression of study visits

See *Promoting Adherence Strategies* document for recommendations on handling these warning signs.