

PCPT data collected

Baseline	
Medical history, limited Physical Exam	√
Demographics	√
Quality of Life (SF-36)	√
Family history cancer	√ Prostate only
Anthropometric measures	√
PSA	Measured at central facility
Diet and supplement use	At year 1
Physical activity	√
Follow-up (frequency)	Every 3 months (some by phone)
Medical events/side effects	√
Medications	Limited
Prostate health	√ (annually)
AUA symptom score	√ (annually)
PSA and DRE (annually)	PSA measured at central facility; DRE by study site
Adherence assessment	√
Weight	√
Quality of Life (SF-36)	√
Endpoint assessment	
Prostate cancer	End of study biopsy and interim cancers
Other cancer	Source docs collected, adjudicated
Deaths	Source docs collected, adjudicated; SSDI
Cardiovascular	Participant report