

# Participant Resources about Colon Cancer

The diagnosis of colon cancer can be a very frightening event for a patient and for their family. Many resources are available to help explain the disease, how to prevent it and how to treat it. Many people today are living a long time after a cancer diagnosis. Please see the sites below for current information on colon cancer.

#### General Information about Prevention of Colon Cancer from the NCI

The National Cancer Institute has prepared helpful information on the prevention and early detection of colon cancer. Please see the links below:

A. For information on the prevention of colon cancer:

 $\underline{http://www.cancer.gov/cancertopics/pdq/prevention/colorectal/Patient/page1}$ 

B. For general information on colon cancer:

http://www.cancer.gov/cancertopics/pdq/prevention/colorectal/Patient/page2

C. For information on risk factors:

http://www.cancer.gov/cancertopics/pdq/prevention/colorectal/Patient/page3

General Information about Colon Cancer from the American Cancer Society Thanks to improvements in prevention, early detection, and treatment, more than a million people in the United States count themselves as survivors of colorectal cancer. Whether you or someone you know is worried about developing colorectal cancer, making decisions about treatment, or trying to stay well after treatment the following resources may be helpful:

**A**. The <u>Detailed Guide</u>, <u>Overview</u>, and <u>other materials</u> have helpful information:

http://www.cancer.org/Cancer/ColonandRectumCancer/index

B. For information on early detection and screening go to: http://www.cancer.org/Cancer/ColonandRectumCancer/MoreInformation

Colon Cancer Survivorship from: American Society of Clinical Oncology Today, there are about 12 million Americans alive with a history of cancer. Cancer Net's Survivorship Section provides helpful information for Cancer Survivor's and their friends and family.

http://www.cancer.net

## Resources for Information about Clinical Trials

Clinical trials can be the best treatment option for a cancer patient however the language may be difficult to understand and the treatment options may be very complicated. The following resources explain some of the language that has been used to describe your treatment options. There is also a phone number to call for information as well as access to printed materials. Also included are the established guidelines that your physician will use



to determine your treatment options. And there is information on how to get E-book versions of printed materials on your mobile device.

#### The National Comprehensive Cancer Network Colon Cancer Guidelines

The NCCN Guidelines for Patients which are based on world renowned NCCN Clinical Practice Guidelines in Oncology for cancer care professionals, are meant to help people with cancer and their friends and family understand cancer, to help them talk with their cancer care team about the best treatment options. The guidelines are available online or a printed copy can be sent to the patient.

http://www.nccn.org

#### E-Book Library List from the National Cancer Institute

E-Book versions of popular NCI publications are now available on the NCI's mobile website, making it easier than ever to download and read them on your smart phone, tablet or e-reader device.

http://www.cancer.gov/cancertopics/cancerlibrary/ebooks

#### Clinical Trial Terminology

Researchers use statistical methods to determine whether an effect observed in a clinical trial is real or caused by chance. The site listed below explains some of the words used when discussing a clinical trial as a treatment option. <a href="http://www.clinicaltrials.gov/ct2/info/glossary">http://www.clinicaltrials.gov/ct2/info/glossary</a>

#### **Colon Cancer Terminology from the Center for Disease Control**

The link to the Glossary on the left hand side of the page explains tests and procedures done to detect colon cancer. This site offers information about the anatomy of the colon and also information about the colonoscopy. <a href="http://www.cdc.gov/cancer/colorectal/">http://www.cdc.gov/cancer/colorectal/</a>

### **Colon Cancer Resources from the American Cancer Society**

Providing the public with accurate, up-to-date information on cancer is a priority for the American Cancer Society. The Society provides information on all aspects of cancer through a toll-free information line, published materials and a website.

The Phone number is 1-800-227-2345.

Printed brochures are available on request.

http://www.cancer.org/AboutUs/HowWeHelpYou/HelpingYouGetWell/

#### **FDA Patient Network**

Created in 2012, the FDA Patient Network is part of the Office of Health and Constituent Affairs (OHCA) formerly the Office of Special Health Issues. We work to help patients, patient advocates, and their health professionals connect with FDA science and policy staff. Learn more about clinical trials. http://patientnetwork.fda.gov/find-out-about-clinical-trials